BIRTHDAY
Checklist

ONE MONTH BEFORE

- [ ] Join loyalty programs or rewards clubs (email or app-based)
- [ ] Enter your birthday correctly (double-check month & day)
- [ ] EntConfirm your email address so rewards actually land in your inbox
- [ ] Download apps for places you know you'll use

TWO WEEKS BEFORE

- [ ] Open each app at least once (some rewards won't trigger unless you do)
- [ ] Turn on notifications for birthday rewards (temporarily—this is a safe space)
- [ ] Check reward sections inside apps for upcoming birthday offers

BIRTHDAY WEEK

- [ ] Check email daily (including Promotions + Spam folders)
- [ ] ChecCheck apps for surprise rewards
- [ ] Screenshot or save offers so nothing disappears mid-celebration
- [ ] Note expiration dates—some last days, others only hours

BEFORE YOU REDEEM

- [ ] Read the fine print free vs. free-with-purchase)
- [ ] Check if dine-in or app order is required
- [ ] Confirm one-time use or reusable offer
- [ ] Smile knowingly—you planned this

BIRTHDAY DAY GAME PLAN

- [ ] Map out stops if stacking rewards (coffee → lunch → drink = elite energy)
- [ ] Bring ID just in case
- [ ] Treat yourself without guilt—this is literally what the rewards are for

AFTER YOUR BIRTHDAY

- [ ] Use any leftover rewards before they expire
- [ ] ChecCheck apps for surprise rewards
- [ ] Delete apps you don't love (no hard feelings)
- [ ] Make a note of which places had the best freebies for next year